

CENTRAL UNIVERSITY OF SOUTH BIHAR HOSTEL ADMINISTRATION

ADVISORY GUIDELINES FOR THE PREVENTION OF COVID-19 FOR HOSTEL INMATES

The following public health measures are to be followed by all hostel inmates in the hostel premise at all times to reduce the risk of COVID-19:

- 1. Wearing mask is a must at all times and at all place during your stay inside campus.
- 2. Physical distancing must be followed as far as feasible.
- 3. Resident students are advised not to leave campus for any reason even for market visit. In case of any requirement, they may avail the university canteen facility and they may place their order for any items through phone call (Canteen Contact No. 7488630833, 7903847049)
- 4. Those having symptoms of fever, cough or difficulty in breathing are required to report immediately to the health officer.
- 5. Crowding must be avoided at entry/ exit points.
- 6. There should be no crowding in hostel areas where students live in close proximity and share common facilities and utilities.
- 7. Hostel inmates are required to stay inside their own room. Please do not visit in the room of others.
- 8. Frequent hand washing with soap (for at least 40-60 seconds) even when hands are not visibly dirty.
- 9. Use of alcohol-based hand sanitizers (for at least 20 seconds) can be done wherever feasible by hostel inmates.
- 10. Respiratory etiquettes to be strictly followed. This involves strict practice of covering one's mouth and nose while coughing/sneezing with a tissue/handkerchief/flexed elbow and disposing of used tissues properly.
- 11. Self-monitoring of health should be done by all the hostel inmates and reporting any illness at the earliest.
- 12. Proper cleanliness should be maintained inside the washroom.
- 13. Spitting shall be strictly prohibited. Spitting inside the hostel premise must be made a punishable offence.
- 14. Density in dining halls, common rooms, playing areas should be limited, keeping in view the requirement of physical distancing.
- 15. As precautionary measure, lift facilities in the hostel will be closed till further instruction.
- 16. The inmates are required to produce the certificate of Covid vaccination <u>and</u> recent RT-PCR Report /Antigen Test Report at the entry gate of the hostel.
- 17. Installation & use of Aarogya Setu App is advised to get the related safety updates.

NOTE: You are supposed to adhere to above given guidelines. Failure to do so will lead to stringent necessary actions will be taken by the Hostel administration.

(HOSTEL ADMINISTRATION)